



TTSC End O' Summer 2024

August 5th & 6th 2024

Held under the Sanction of USA Swimming – NI-2324-032

Hosted by: Town of Tonawanda Titans

Open to All USA Swimming and Niagara LSC Members
Open Mixed events



***Entries WILL NOT BE ACCEPTED PRIOR TO 9:00 PM on
July 1st

Additional entry restrictions apply***

MEET DIRECTOR

Tim Bennett
Tmbennett1@roadrunner.com

MEET REFEREE

Matty Matuszewski
MrRnch@aol.com

CLUB OFFICIALS CHAIR

CLUB OFFICIALS CHAIR

Rachel Cabin

jewelersstudio@aol.com

AND

Ann Pendley

annpendley@gmail.com

SANCTION

- Held under the sanction of USA Swimming through Niagara Swimming: **NI-2324-032**
- In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, [TTSC], and [TOT AFC] shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

FACILITY

Town of Tonawanda Aquatic and Fitness Center

1 Pool Plaza

Tonawanda, NY 14223

- 8 lanes, 25 Yards
- Water depth range of 13' at the starting end and 10'3" at the turning end.
- The competition course has been certified in accordance with current *USA Swimming Rules and Regulations*, Article 104.2.2(C).

PARKING

Parking lot adjacent to the building and is free.

PARKING IS NOT PERMITTED IN THE "ABOVE" LOTS NEAR ALDI's. OFFENDERS WILL BE TOWED.

ENTRY DEADLINE

Waiver forms & FEES must be RECEIVED by **8:00 PM July 31st** to make your entry official.

IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

Entries without payment will be deleted August 1st to make room for waiting list teams. ALL changes after July 31st will be subject to entry fee charge (no refund).

Please do not submit "blanket entries" to reserve space for your team as these will not be accepted at the discretion of the meet personnel.

SCHEDULE				
	Session	Swimmers	Warm Up	Start
	Monday PM	Open – Timed Finals	5:00PM	5:45PM
	Tuesday PM	Open – Timed Finals	5:00PM	5:45PM
	Meet Director reserves the right to adjust times/sessions after entries are received.			
ELIGIBILITY	<ul style="list-style-type: none"> Open to all registered USA Swimmers. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302. 			
DISABILITY SWIMMERS	<ul style="list-style-type: none"> NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition. 			
TIMING SYSTEM	<ul style="list-style-type: none"> [Automatic] timing will be used. Colorado Timing System, electronic scoreboard with an 8-lane readout and computer scoring (HYTEK). 			
RULES	<ul style="list-style-type: none"> Current USA Swimming rules shall govern this meet. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. No on-deck USA-S registration is permitted. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Dive-over starts will be used. The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. 			
EVENT RULES	<ol style="list-style-type: none"> All times must be submitted in SCY Times. No swimmer may enter more than 5 Individual events plus 1 relay per day. Age on the first day of the meet determines the swimmer’s age for the remainder of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. No entries will be accepted without a swimmer’s current USA number. 			

	<p>6. No phone entries, deck entries of swimmers already in the meet will be at the Meet Director's discretion.</p> <ul style="list-style-type: none"> • The signed Agreement & Release and Summary form must accompany all entries.
POSITIVE CHECK IN	All events will be pre-seeded except the 400 IM, 500, & 1000 Freestyles
WARM-UP	<ul style="list-style-type: none"> • The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
SEEDING	<ul style="list-style-type: none"> • All events will be pre-seeded with the exceptions listed below: • POSITIVE CHECK-IN - required for the 400 IM, 500, and 1000 Freestyles to be seeded. • The Meet Director reserves the right to circle in all 200 and above events as well as all relays.
SCORING	<ul style="list-style-type: none"> • Places, awards, and results will be posted for informational purposes only, no team scoring.
AWARDS	<ul style="list-style-type: none"> • No awards will be given
PROGRAMS	Will be available digitally after the Warm-Up for each session on the meet website: www.titanswimming.com – TTSC Hosted Meets – 2024 TTSC End O Summer
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. • Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. • Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	No entry fee for End O' Summer Meet.
OFFICIALS	<ul style="list-style-type: none"> • Officials interested in volunteering should contact Matty Matuszewski at MrRnch@aol.com • Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	Timers will be supplied by the TTSC with the following exceptions: <ul style="list-style-type: none"> • Swimmers in the 500, and 1000 Free Events must provide their own timers.
ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries should be submitted by email to the Entries Chair Scott Vanderzell. • Include in the subject of the email, "End O' Summer Meet - TTSC." If your club submits multiple entry files, include a training site in the subject of the email. • Included in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	Deck Fee - \$10.00

	<p>Individual Events - \$6.00 Relay Events - \$15.00</p> <ul style="list-style-type: none"> • Make checks payable to Titans Swim Club. Checks may be mailed to: Scott Vanderzell - 927 Stony Point Grand Island, NY 14072 • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. • Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.
<p>Available Medical Supervision/ Equipment</p>	<p>A description of the medical supervision (e.g., lifeguards, EMT, AED devices, etc.) available to athletes participating in the meet.</p>

Order of Events

Session 1 – Monday		
Event #	Ages	Event
1	Mixed Open	50 Breaststroke
2	Mixed Open	200 Freestyle
3	Mixed Open	100 Backstroke
4	Mixed Open	25 Butterfly
5	Mixed Open	100 Breaststroke
6	Mixed Open	25 Freestyle
7	Mixed Open	200 IM
8	Mixed Open	50 Butterfly
9	Mixed Open	500 Freestyle

POSITIVE CHECK-IN is required for 500 Freestyle at the conclusion of warm-up. Swimmers may need to provide their own timers. The number of heats will be limited to keep the meet manageable.

Session 2 – Tuesday		
Event #	Ages	Event
10	Mixed Open	50 Freestyle
11	Mixed Open	400 IM
12	Mixed Open	25 Backstroke
13	Mixed Open	100 Freestyle
14	Mixed Open	25 Breaststroke
15	Mixed Open	100 Butterfly
16	Mixed Open	50 Backstroke
17	Mixed Open	200 Free RELAY
18	Mixed Open	1000 Freestyle

Lead off swimmers for 200 relays wishing to have times submitted to swims database must provide 2 timers to make the time official.

POSITIVE CHECK-IN is required for the 400 IM and 1000 Freestyles at the conclusion of warm-up. Swimmers may need to provide their own timers. The number of heats will be limited to keep the meet manageable.

Niagara Swimming, Inc.

Warm-up Procedures for all Sanctioned Meets in 8 Lane Pools

- I. Pre-Meet warm-up period
 - A. Control/Supervise - Key words for safe warm-ups.
 - B. Marshals should be actively supervising the warm-ups to ensure that proper procedures are followed.
- II. General warm-up period
 - A. The first 30-45 minutes are for general warm-ups in all lanes.
 - B. There shall be **NO DIVING** off the blocks or the edge of the pool at this time.
 - C. Outside Lanes - Kicking only.
 - D. Inside Lanes - Swimming and pulling only; no paddles.
 - E. No sprinting or pace work.
- III. Specific warm-up period
 - A. Last 30-45 minutes of pre-meet warm-up period.
 - B. In an eight-lane pool, each lane shall be scheduled as follows:
 - Lanes 1 & 8 push off one or two lengths & back, beginning at the starting end of the pool. Circle Swimming only.
 - Lanes 2 & 7 racing start only. Swim one length only. All swimmers begin at the starting end of the Pool.
 - Lanes 3,4,5, & 6 general warm-up only (as above) **NO DIVING.**

Important Points for Specific Warm - Up Period

1. No diving in lanes other than those designated for racing dives. The blocks should be marked to remind Swimmers that they should not dive.
2. Start all swimmers in all lanes at the starting end of the pool.
3. Coaches should stand at the starting end of the pool when verbally starting swimmers on sprint or pace work.
4. Swimmers should be reminded by coaches that breaststrokes need more lead-time than freestylers or butterfly.
5. Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroke has executed his/her start.
6. The announcer should announce lane changes and/or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.
7. Coaches should maintain as much contact with their swimmers as possible - verbal and visual throughout the warm-up period.
8. The Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
9. Marshals have the authority through the Meet Director over the warm-up. A swimmer and/or coach may be removed from the deck for interfering with the marshals.
10. When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up time for all.
11. The meet Referee shall have responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.
12. The meet Safety Committee shall have responsibility for safety rules in all other areas during competition and shall assist the meet Referee in the competition pool if necessary.
13. The meet Safety Committee shall have any person deliberately violating safety rules removed from the meet facility.
14. There shall be at least one Marshal at each end of the pool to ensure the warm-up procedures will be followed.
15. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
16. Discretion and common sense must be used when establishing procedures.

The above procedures may be modified by the Meet Referee according to the needs of the meet.

Liability Wavier & Financial Summary From

Club Name: _____ Club Code: _____

Coach Name: _____ Phone/Email: _____

Entry Submitter: _____ Phone: _____

Address: _____ Email: _____

Total Number of Swimmers _____ x \$10.00 = _____

Total Number of Individual Entries _____ x \$6.00 = _____

Total Number of Relay Entries _____ x \$15.00 = _____

Make Checks Payable to: Titans Swim Club Total Due _____
Club checks only please!

THIS FORM MUST BE SUBMITTED AND PAYMENT, TO BE CONSIDERED A COMPLETE ENTRY. MAIL, POSTAL EXPRESS OR FED EXPRESS TO:
 Scott Vanderzell
 927 Stony Point
 Grand Island, NY 14072 (716) 208-5372
 Email to: scottvanderzell@gmail.com

DO NOT send entries by REGISTERED MAIL and/or SIGNATURE FOR DELIVERY.

Enclosed is payment of the entry fees and deck fees for all events we have entered. In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators, and assignees, waive and release, any and all claims against the Town of Tonawanda Titans Swim Club OR ANY MEET MANAGEMENT PERSONEL, U.S.A. Swimming, Niagara Swimming, and the Town of Tonawanda recreation department for injuries and/or expenses incurred by us at this meet or while on the road to and from the meet. We are bona-fide amateur athletes eligible to participate in all events entered.

Further the undersigned team representative certifies by his/her signature that all athletics participating for or entered by the team in this sanctioned swim meet are currently member athletes of U.S.A. Swimming. The undersigned further certifies that any person appearing on deck in the capacity of coach representing this club is currently a coach member of U.S.A. Swimming.

(Name of Club Official, parent, or guardian)	(Signature)	(Date)
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No entry is complete without this form completed and signed and the check is received.